

THE PROBLEM:
NATIONAL STRESS

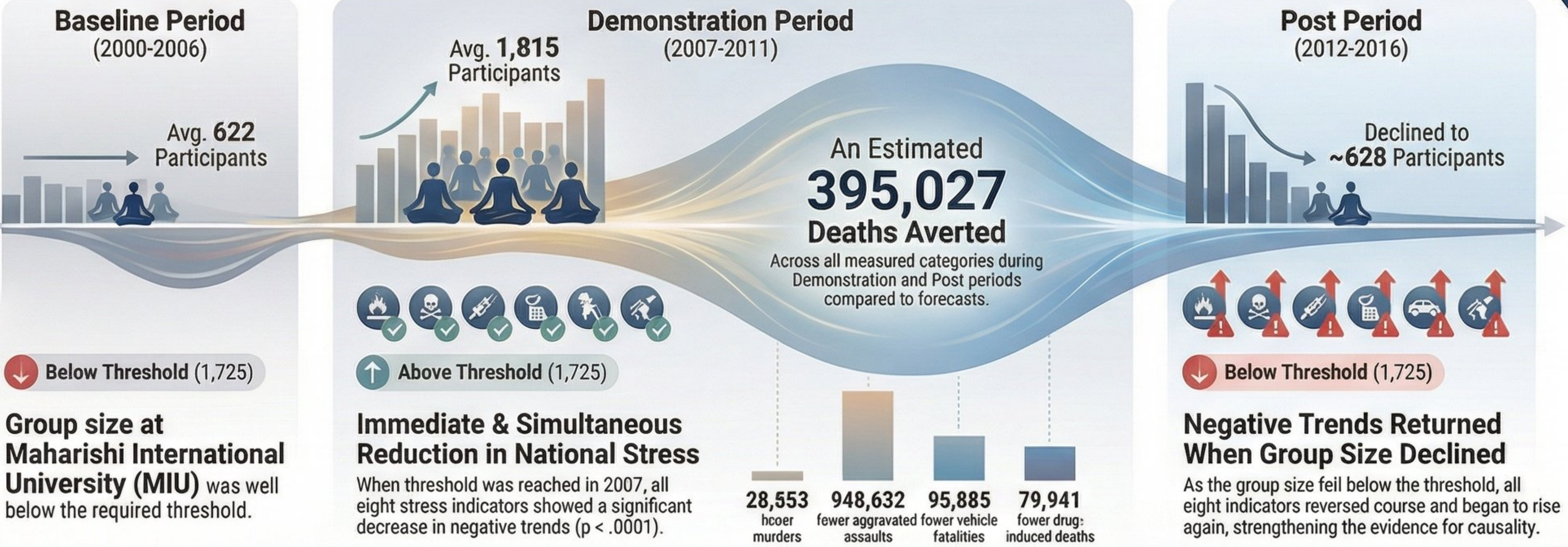


Multiple indicators showed high or rising levels of national stress in the U.S.

 **Rising Trends (2000-2008):** Murder, Vehicle Fatalities, Drug-Induced Deaths.



THE EXPERIMENT & RESULTS:
A 17-YEAR NATIONAL DEMONSTRATION



The Maharishi Effect

The Science of Collective Consciousness

THE THEORY:
THE EXTENDED MAHARISHI EFFECT

The Maharishi Effect
When 1% of a population practices Transcendental Meditation (TM), a phase transition to increased orderliness and reduced negative trends occurs.

The Extended Maharishi Effect
A more powerful effect occurs when the square root of 1% ($\sqrt{1\%}$) of a population practices the advanced Tbl Shii program together in a single group.

1,725 People
The U.S. Threshold
Predicted minimum participants in one group for a nationwide effect.

A POTENTIAL MECHANISM:
INTERSUBJECT BRAINWAVE COHERENCE

